

**BRUU'S ADULT RELIGIOUS ED.
WORKSHOPS & COURSES**



**WINTER SESSION
2015**

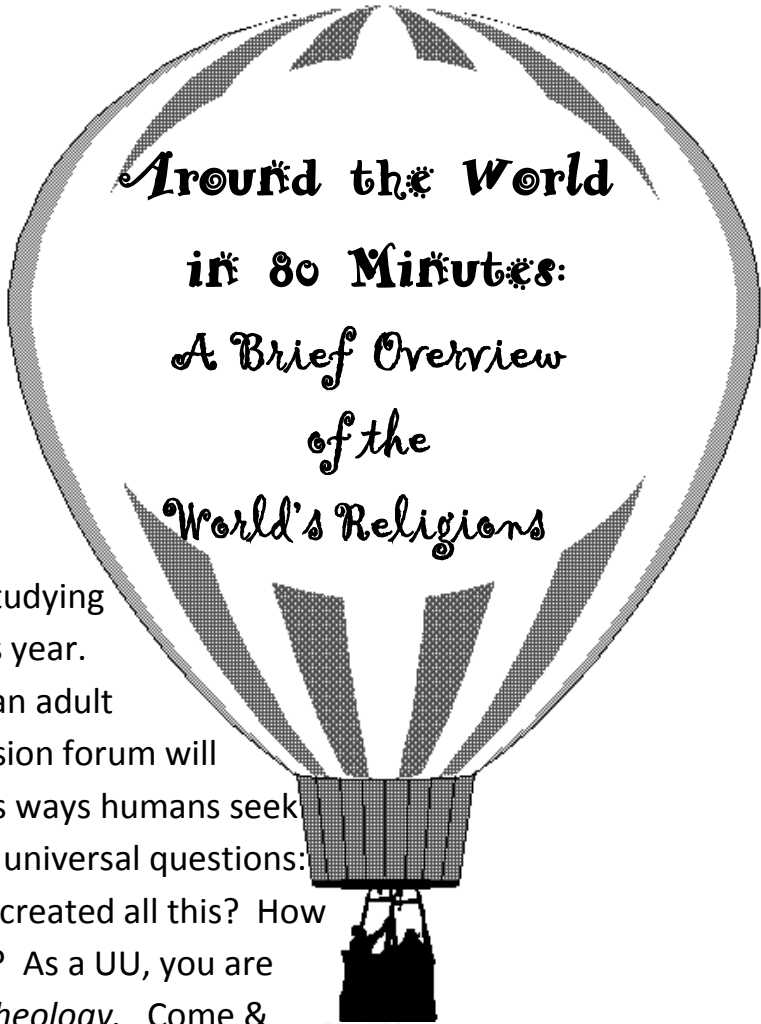


BRUU ADULT-RE COMMITTEE

Kathy Sobrio, Chair Ellen Percy Miller
Angie Carrera Claire Smith
Paul Galvin Larry Underwood
Doris Galvin Gary Wood
Rev. Scott, ex officio



1 session ea:
day / night



*Around the World
in 80 Minutes:
A Brief Overview
of the
World's Religions*

BRUU's youth are studying World Religions this year. Why not us too, at an adult level? This one-session forum will focus on the various ways humans seek to understand life's universal questions: Who are we? Who created all this? How should we respond? As a UU, you are *building your own theology*. Come & discover truths you've never thought of before.



Presenter: Rev. Scott

On Thur **eve**, Jan. 22 @7:30

OR Tues. **day**, Jan. 27@ 12:30

Meet in Conference Room

Class size: 5 min./no max

*UU Principle #4: All people have
the right to pursue a free & responsible
search for truth & meaning.*



UU Parenting

Parents asked, “Can we have a class while we wait for our children during choir practice?” Here tis . . . for them and for YOU TOO (waiting or not) . . .



This is your chance to schmooz with others who are in the same life chapter as you are, the parenting chapter. BRUU’s DRE, Lara Profitt, will present a food-for-thought starter about parenting the UU way, and the parents will take the discussion from there. Each session will be divided between topic discussion and parent problem/solution share-time.

Presenter: Lara Profitt

On Sundays 12:00-1:00

Jan. 11 & 18, Feb. 1, 8, 15

Meet in Conference Room

Class size: 4 min./no max

UU Principle #1: We believe in the inherent worth and dignity of every person.



What Do You Believe?

Is it easier for you to express what you don't believe than what you do believe? Many of us come to UU to search for truth without the baggage of dogma and doctrine. Now our challenge is to build a new theology for ourselves, an altered belief system. It's a huge task. How should we begin?

Discovery through Spiritual Journaling

Perhaps it would be helpful to assess where we are spiritually by looking at the puzzle pieces of what we *do* believe. This class will put each of us on a conscious exploration of our belief puzzle pieces. With prompts to stimulate our thinking, we will explore various spiritual topics through discussing them, writing our thoughts in a spiritual journal, and sharing our writings with others in a small group setting (on a volunteer basis only), knowing that sharing might help us bring sharper focus to our understanding of what we do believe.

This course is a precursor for "Building Your Own Theology" and "A Course in Miracles" to be offered in the Spring Session.

Facilitators: Bev Reusser in AM

Kathy Sobrio in PM

On Tues. **day**, Jan. 13 thru Feb. 24 @ 10:30

OR Tues. **eve**, Jan. 13 thru Feb. 24 @ 7:30

Meet in conference rm

Class size: 5 min / 12 max per session

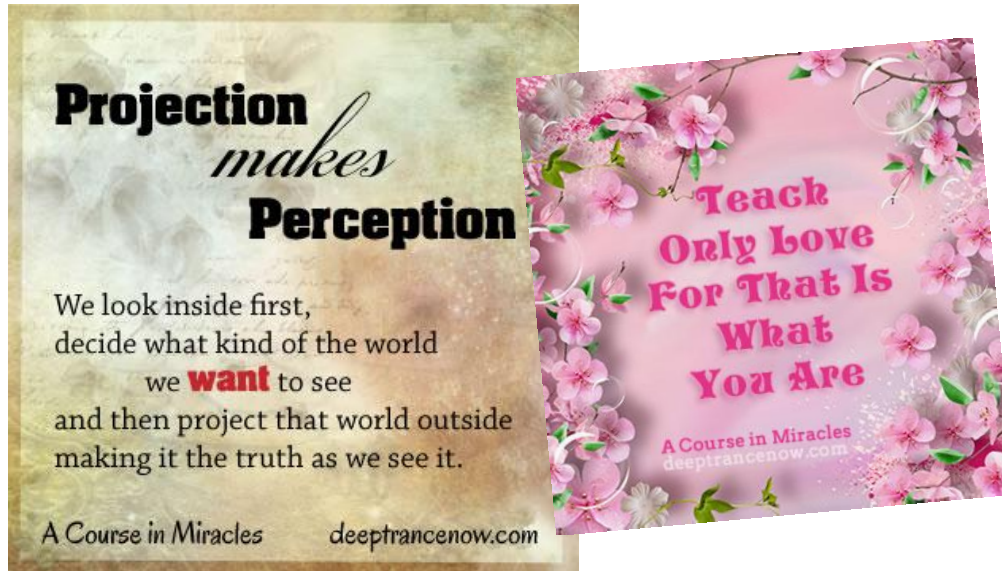




Introduction To

"A Course in Miracles"

By popular demand, BRUU will offer a new start-up class of "A Course in Miracles" in the Spring Session. Since ACIM is an advanced spirituality course, this 4-session intro class will prepare you to get much more out of the course that begins in the Spring.

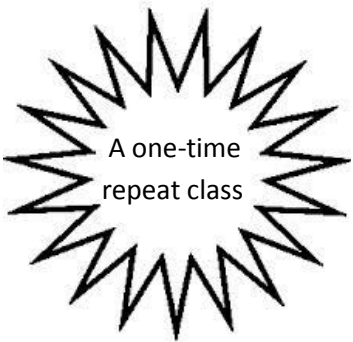


UU Principle #4: UU's promote a free & responsible search for truth & meaning.

Presenter: Satya Chase On: Jan. 19, 26, Feb. 2, 9

Meet in Conference Rm Mon., 7:30 – 9:00

Class size: 5 min./12 max.



Death Café

of Northern Virginia



By request, we are offering a one-time-only repeat of this popular forum for those who missed it last Fall. This will bring you up to date before we offer follow-up End Of Life courses in the Spring Session. Previous attendees are welcome.

Death Cafes are a worldwide movement. People gather in a relaxed setting to drink tea, eat cake and discuss death (and only death). “It makes for fantastic conversation,” they say.

“Macabre,” you say? Actually quite the opposite. Participants say that conversing with others in a relaxed setting about death helped them discover how much they needed to recommit to this finite life, here and now, and to make the most of it by opening themselves to new possibilities.



UM Principle #4:

All people have the right to a free and responsible search for truth and meaning.



Presenter: Kathie Conn* On Feb. 8th, Sunday
Sponsor: BRUU Pastoral 3:00 – 5:00 PM
Care Comm./ Cathy Ring Meet in 3rd floor chapel
*Kathie Conn is an End of Life Class size: 5 min./20 max.
Healing/Transition Celebrant



Playing the African Drum as Spiritual Meditation

What would it be like to share in the magical experience of a room full of heart-thumping sound as you and kindred spirits build a rhythm on African drums? You would ascend to a natural, meditative high as you feel the amazing energy when the drums get really hot! African drumming takes us back to earth-centered traditions that deeply connect us in harmony with the earth and each other.

But you're not a drummer, you say? Hey, if you have a pulse, you can beat a drum . . . and if you have a heart, you can feel the spirit. Join the joy! We'll be learning drumming basics, phrase drumming, and West African rhythms. A few drums will be available as loaners, but bring your own if you can. Wear comfortable clothes/no jewelry.



UM Principles 3, 6 & 7:

UM encourages spiritual growth in our congregations & promotes world community & the inter-dependent web of existence of which we are all a part.

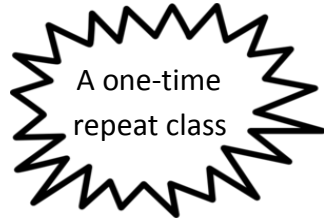
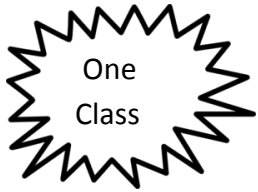
Presenter: Janette Muir

On 2 Saturdays: Feb. 21 & 28,
2:30 to 3:30 PM

Meet in Fellowship Hall

Bring your own drum, if possible.

Class size: 3 min./10 max.



Gay Etiquette

Several BRUU'ers asked for a make-up session of this one-time class. Since showing respect takes up the first three principles of UU's Big Seven, it seemed well worth a second go-around.

Words are powerful. They instantly show respect or disrespect, sometimes without the speaker's intention to be disrespectful. This class will present sensitive situations for LGBT's and allow participants a chance to discuss how people can intentionally respond to today's changing social norms with acceptance and thoughtfulness.

Presenter : Angie Carrera

On Jan. 29 @ 7:30

Meet in conference rm

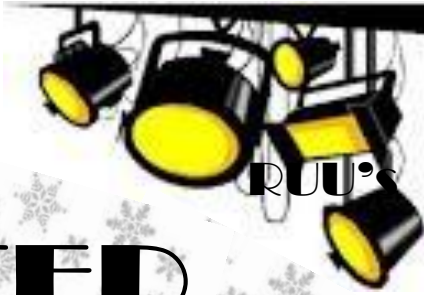
Class size: 5 min./12 max.



UU Principle #1: Everyone has inherent worth and dignity.

UU Principle #2: Everyone deserves to be treated with equity and compassion.

UU Principle #3: Everyone deserves acceptance.



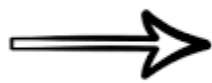
WINTER FILM FEST

in

JANUARY

&

FEBRUARY





**Thur. - Jan. 8
7:30 PM**

UU Principle #7: We pledge to respect the interdependent web of all existence of which we are a part.

“Bidder 70”

Tim DeChristopher is one of those rare, brave people who lives his convictions and moves the world forward against all odds. Tim is Bidder 70 who as a young man who derailed a BLM oil and gas auction in Utah in 2008. For this courageous act of civil disobedience, Tim served two years in prison. He is now at Harvard Divinity preparing for UU ministry and remains an activist in climate change issues. Come & learn Tim’s story for yourself.

Facilitator: Meet in Conference Rm
Larry Underwood Popcorn anyone?



**Thur. - Jan. 15
7:30 PM**

UU Principle #1: We believe in the inherent worth & dignity of everyone.

“Paycheck to Paycheck”

One in three women in America lives in poverty. Katrina Gilbert is one of them. Here is her sobering story. What does BRUU do to help women like this? Our Emergency Food Pantry, yes. But what else could we be doing? Discussion to follow.

Facilitator: Lavona Grow Meet in Conference Rm
UU Social Justice Chair Soup-n-bread available
Sponsor: BRUU Social for hungry commuters!
Justice Committee





Thur. - Jan. 22
7:30 PM

UU Principle #1: We believe in the inherent worth & dignity of everyone.

“Normal”

A Midwestern factory worker stuns his wife of 25 years by announcing that he wants to undergo a sex reassignment surgery and transition in order to live as a woman. This film has been praised by critics and nominated for awards.

<u>Facilitator:</u> Angie Carerra	<u>Meet in Youth Lounge</u> <u>Popcorn</u> , anyone?
--------------------------------------	---



Thur. - Jan. 29
7:30 PM

UU Principle #1: We believe in the inherent worth & dignity of everyone.

Diane Sawyer interviews American Indians at Pine Ridge Reservation

Poverty in America appears to be the most dire among Native Americans, more than any other “American” group. You’ll see in this film. How can we become meaningful partners with the people of Pine Ridge Rez or All Souls UU Church of Sioux Falls, SD?
Discussion to follow film.

<u>Co-facilitators:</u> Susan Sinclair & Dave Feser	<u>Meet in Youth Lounge</u> <u>Soup-n-bread</u> available for hungry commuters!
<u>Sponsor:</u> BRUU Social Justice Comm.	





Thur. – Feb. 12
7:30 PM

UN Principle #1: We pledge to respect the interdependent web of all existence of which we are a part.

“A Fierce Green Fire”

The Environmental Movement has produced amazing changes, from conservation to climate change, from anti-nuclear to anti-toxins, from the Spotted Owl to the Polar Bear.

Come and learn what environmental activists – people committed to UU’s 7th principal – have accomplished globally & grassroots over the past 50 years. We’ve made such headway! Where should we go from here?

Discussion to follow.

Facilitator: Meet in Conference Rm
Larry Underwood Popcorn, anyone?



Thur. – Feb. 19
7:30 PM

UN Principle #2: We believe in justice, equity & compassion in human relations.

“Which Way Home?”

What would it be like to ride on the outside of a train for days, straddling the roof, the wind constantly in your face . . . all just to escape the poverty, drugs, daily violence & human trafficking in your first country? Immigrants leave unspeakable hardships only to face more hardships in a new home.

This is a very timely topic because of President Obama’s Executive Order. Amy White, Regional Organizer for V.O.I.C.E., will lead a discussion after the film to talk about what we can do to support our immigrant community.

Facilitator: Amy White Meet in Conference Rm
Sponsor: BRUU Social Soup-n-bread available
Justice Comm. for hungry commuters!



Popcorn Theology for Adults Series

“Blood Diamond”

Thur. – Feb. 26
7:30 PM

The life of a desperate diamond mine worker is radically changed when he finds a solution to all of his problems . On second thought, is it really a solution to all his problems, or just the start? Andrew will use a 20-minute clip from this high drama action film, starring Leonardo DiCaprio, as the backdrop for a discussion about power, evil, and choices. Having previously watched the movie is a plus but not required.

UU Principle #4: We believe in a free & responsible search for truth & meaning.

Facilitator: Meet in Conference Rm
Rev. Andrew Mertz Popcorn, anyone?



NOTE: The “Blood Diamond” movie-for-discussion is the first of a series of “Popcorn Theology for Adults”. In this series, Andrew Mertz will use thought-provoking films as a catalyst for participants to discuss societal and personal issues that relate to UU’s Seven Principles. This “Popcorn Theology” series is for adults-only in order to create the opportunity for participants to discuss adult-themed topics. Family ministries will be offering Popcorn Theology for Families.

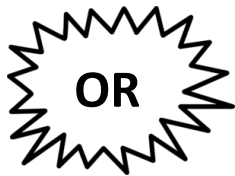


THREE WAYS TO REGISTER FOR CLASSES

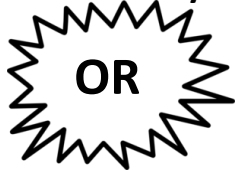
Fill out the form below, then . . .

Mail it to:

**BRUU, Attn: Adult RE
9350 Main Street
Manassas, VA 20110**



**Drop it in the basket
labeled "Adult RE Winter Session
in the BRUU lobby**



Skip the paper & go online to

***bruu.org**

***Click on "About Us"**

***Click on "Religious Education"**

***Click on "Adult RE"**

***Fill out the form**

***Click on "Send"**



**BRUU ADULT-RE
2015 WINTER SESSION
REGISTRATION**



Name _____

Phone #'s: _____

Email: _____

X the courses you want to attend:

____ **AROUND THE WORLD IN 80 MINUTES**
 _____ Jan. 22 @ 7:30 PM **OR** _____ Jan. 27 @ 12:30 PM

____ **UU PARENTING** (Jan. 11, 18, Feb. 1, 8, 15 @ noon)

____ **WHAT DO YOU BELIEVE?**
 _____ Jan 13+ @ 10:30 AM **OR** _____ Jan 13+ @ 7:30 PM

____ **INTRO TO "COURSE IN MIRACLES"** (Jan 19, 26, Feb. 2, 9 @ 7:30 PM)

____ **DEATH CAFÉ** (Feb. 8 @ 3:00 PM)

____ **PLAYING THE AFRICAN DRUM AS SPIRITUAL MEDITATION**
 (Feb. 21 & 28 @ 2:30 PM)

____ **GAY ETIQUETTE** (Feb. 29 @ 7:30 PM)

WINTER FILM FEST

____ **BIDDER 70** (Jan 8 @ 7:30 PM)

____ **PAYCHECK TO PAYCHECK** (Jan 15 @ 7:30 PM)
 _____ Yes on soup/bread _____ No on soup/bread

____ **NORMAL** (Jan. 22 @ 7:30 PM)

____ **DIANE SAWYER INTERVIEWS A PINE RIDGE REZ** (Jan 29 @ 7:30 PM)
 _____ Yes on soup/bread _____ No on soup/bread

____ **A FIERCE GREEN FIRE** (Feb. 12 @ 7:30 PM)

____ **WHICH WAY HOME?** (Feb. 19 @ 7:30 PM)
 _____ Yes on soup/bread _____ No on soup/bread

____ **POPCORN THEOLOGY** (Feb. 26 @ 7:30 PM)