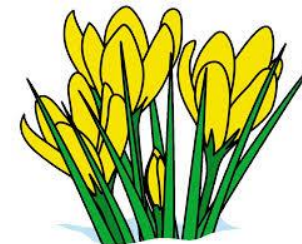


**BRUU'S ADULT RELIGIOUS ED.
WORKSHOPS & COURSES**



**SPRING SESSION
2015**



BRUU ADULT-RE COMMITTEE

Kathy Sobrio, Chair	Ellen Percy Miller
Angie Carrera	Claire Smith
Paul Galvin	Larry Underwood
Doris Galvin	Gary Wood
Rev. Scott, ex officio	

The Dream Experience





A Weekend with Dr. Jeremy Taylor



Dr. Jeremy Taylor, well known specialist for 40+ years in dream interpretation and host of AOL's dreamwork show, will be the featured guest speaker at a weekend workshop on April 24 & 25. Dr. Taylor will share fascinating information with us about our sleeptime strollabouts and teach us alternative ways of thinking about the credibility of dreams. Dr. Taylor is an ordained UU minister with a Doctorate of Ministry from the University of Creation Spirituality.

 **April 24, Friday, 7:00 to 9:00 PM, BRUU sanctuary. \$10:**
"Dreams: The Magic Mirror that Never Lies"

 **April 25, Saturday, 9:30 AM to 4:00 PM, BRUU Fellowship Hall.**
\$40 (with lunch). Discussion topic: "Discovering the Deeper Meaning in Our Dreams in a Group Setting"

 **Workshop pkg: April 24 & 25, Fri. & Sat., \$45 (with lunch)**


How to register: Get a registration form from the Adult RE pockets in the BRUU lobby. Register for ALL or PART. Mail w/ \$\$ to BRUU office.

Springtime Capers



Spwing hazz spwung!

Let's celebrate on April 12th!

 **Hiking without a Footprint**: Let's begin our "Whoopie, it's Spring!" celebration by getting out into Nature with BRUUs Carolyn Widman and Richard Noonan, certified Leave No Trace (LNT) trainers. LNT teaches outdoor ethics and how-to's for enjoying our trails today while leaving them pristine for tomorrow. (More info available onsite.) Footprintless techniques can be learned before outings, so let's meet at Merrimac Farm at 1:15 and learn from Carolyn and Richard how to practice UU's 7th principle: Respect for the interconnectedness of all things. Ask a parking lot attendant where to meet up with the LNT group. After a 30-min. LNT training, we'll join Dr. Larry for a hike.



Nature Walk: Let's join BRUU's biologist, Dr. Larry, on a hike through Merrimac Farm. We'll look for migrating birds, winter-over birds, butterflies, crawly & hoppy creatures, & yes! Bluebells. Dr. L will introduce us to his newest invention: a birding app.

Don't forget: Sturdy shoes, knee sox, hat, sunglasses, bug spray.

Footprintless trainers: Richard Noonan & Carolyn Widman

Lead trekker: Larry Underwood

??'s: 703-791-6018 training & 703-244-0695 trekking

On: Sunday, April 12, at 1:15 PM for Footprintless, 2:00 PM for trek

Meet at: Merrimac Farm parking lot, 15020 Deepwood Ln, Nokesville, VA 20181

Getting Active about



Stemming the Tide



Last Fall, the Climate Change class studied the ravages of changing weather patterns, now & future. Last Winter, BRUU environ-lovers watched films about what activists are doing to stem the tide. Now BRUUers are antsy to get out of the classroom and into the field.

SO LET'S MEET ABOUT IT!



What's next for BRUU and climate change?

How can we be the real solution, not the *rising* solution?

Are there groups we could join to increase their clout & ours?

Is any of this *fun*? Sure, C.C. & fun can link up! Let's talk!

Discus. Leader: Larry Underwood On: April 7, Tues., 7:00 PM

Meet: Conference Rm ??'s: 703-244-0695



5 classes

Cakes for the Queen of Heaven

“Cakes for the Queen” is a UU-based course by Rev. Shirley Ranck that invites participants to identify the personal, interpersonal and societal elements in the various lifestyles of today’s woman, and compare them to the influences of Judeo-Christian values in our culture. In the 20 years this curriculum has been available, 80% of all UU congregations have offered the course. “It changed my life,” women say. “It connected me with my spirituality.” Isn’t it high time BRUU’s women learn of its insights?

Our own Dr. Janette, who publishes for GMU on women’s studies topics, will lead participants in examining pre-Judeo/Christian cultures which may have worshipped the female as divine. How would your life have been different if, when growing up, the divine had been imaged as female? Discussions lead to strong bonds of friendship.

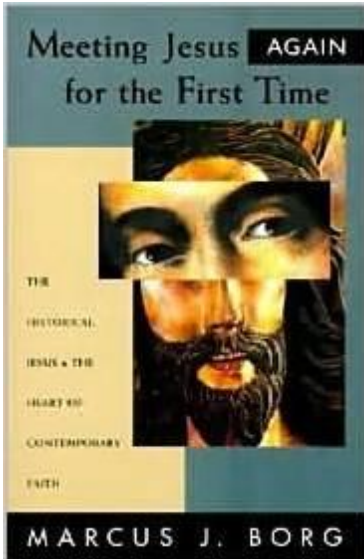
Presenter: Dr. Janette Muir On: April 6-13-20-27 & May 4
Meet in Flamingo Lounge Mondays 7:00 PM
Class size: 5 minimum, no max ??'s: jmuir@gmu.edu

Meeting Jesus Again 4 classes for the First Time

By popular request, a last-opportunity repeat – a daytime class!

Are you a former Christian churchgoer who became disenchanted with the dogma and doctrine that seemed to get in the way of truth? Or are you a soul with no particular past teachings but are searching now?

This course promises new food-for-thought for your spiritual quest. *Meeting Jesus Again for the First Time*, the required book, presents recent secular, scholarly biblical research of the New Testament and what it reveals about Jesus. The new research is free of rigid fundamentalism and dry intellectualism. Come and re-discover Jesus and his teachings in a new light -- your second look might be like “Meeting Jesus Again for the First Time”.



Presenter: Doris Galvin

On: Wed., May 6-13-20-27

DAYTIME 10:30-noon

Meet: Conference Rm



NOTE: If you register, we will order you a

At first class, please have \$10 cash or check, payable to Doris Galvin.

A Course in Miracles

ongoing



Are you ready for serious spiritual stretching & growing? A Course in Miracles (ACIM) will do that. ACIM is a masterwork of spiritual teaching which does not lend itself as much to intellectual analysis as to experiential learning about the decisionmaker in our minds to choose love and peace over guilt and fear. A few of the topics we will study from the workbook of 365 lessons are:

- I can be hurt by nothing but my thoughts.
- There is another way of looking at the world.
- Love is the way I walk in gratitude.
- Let me perceive forgiveness as it is.

Important Note: The description above was excerpted from a carefully written piece by Satya Chase. If you are interested in ACIM, please take a copy of her full description, located in the catalog pocket of the BRUU lobby. Or email dksobrio@comcast.net for a copy.

<p><u>Presenters:</u> Satya Chase & Dru Heller</p>	<p><u>On:</u> Every Monday at 7:00 PM <u>Meet</u> in the conference rm</p>
<p>Class size: 5 min., no max</p>	<p><u>??'s:</u> 703-328-3883</p>



3 sessions

UU Parenting

“Life is a chance to grow a soul.”

--A. Powell Davies

ALL PARENTS, please join us! This is your chance to schmooz with others who are in the same life chapter. Parenting is easier with help. In this class, everybody can lend good ideas as to how to handle various parenting challenges. Lara Profitt, BRUU's DRE, will present a food-for-thought discussion starter. Here are the topics:

March 15: We'll look at UU views of Jesus, prayer, and Christianity and explore ideas for UU family games, trips, activities, books and stories that focus on UU beliefs.

April 19: We'll explore how UU's look at church, creeds, symbols, and worship as well as ways UU's can celebrate holidays and special family occasions.

May 17: We'll look at UU views of good, evil, sin, and salvation and think about how to respond to our children in ways that reflect our values.

Presenter: Lara Profitt

Meet: BRUU library

At: noon to 1:00

??s: 703-725-0583



Inequality for All



The Social Justice Committee will sponsor this interesting evening of food, film and discussion on UUA's four-year topic of study:
Escalating Inequality

We'll have a light supper at 7:00, then watch a much-discussed documentary film, "Inequality for All", featuring Dr. Robert Reich, former Secretary of Labor in the Clinton Administration and now Public Policy Professor at UC-Berkley. Dr. Reich explores the growing income gap between the rich and poor in the United States and the disappearance of the middle class. Following the film, Liz Alcauskas will lead a discussion to consider what action, if any, we at BRUU can take to help "bend the arc of the universe". *

Come at 7:00 for



Po' Boy Sandwich Supper

www.shutterstock.com - 204838324

Please bring a can of food to donate to BRUU's Food Pantry

SJ discussion leader:

Liz Alcauskas

Meet: Fellowship Hall

On: March 19, Thur.

Time: 7:00 PM for light supper, 7:30

for film & discussion.

*We're not suggesting swinging on a star! Dr. Martin Luther King said, "The arc of the universe is long, but it bends toward justice."

Popcorn Theology 3 sessions

“Popcorn Theology for Mature Audiences”

is a UUA curriculum that promotes discussion of important life topics as explored in movies. Andrew Mertz will use thought-provoking films as a catalyst for Popcorn participants to discuss societal and personal issues that relate to UU’s Seven Principles.

Adults only. Popcorn Theology for Kids is offered separately.



Spotlight on March 26:

The Good, the Bad & the Even Worse:
How power imbalances lead to great evil
Movie: Blood Diamond



Spotlight on April 30:

Beyond Good and Evil: Ends vs Means:
Does the end really justify the means?
Movie: “Terminator II”



Spotlight on May 21:

The Search for Truth: Is there
one Truth or many Truths?
Movie: “The Last Temptation of Christ”

<u>Facilitator:</u>	<u>Meet</u> in Conference Rm 7:30 PM
Rev. Andrew Mertz	<u>On:</u> 3/26 – 4/30 – 5/21
<u>??’s:</u> 571-217-0940	<u>Popcorn,</u> anyone?
<u>Class minimum:</u> 5	





Dear BRUU,

Here at BRUU we like to say, “BRUU is a safe place for seeking & service.” The new Adult RE Committee has been honored this year to restart BRUU’s “seeking” opportunities for

adults. Thanks to the *many* of you who embraced the opportunity to stretch intellectually and spiritually through Adult RE.

Time to streamline? This first year, the Adult RE Committee has taken a confetti approach to the topics offered: Throw a lot of ideas into the air & see what comes down. It worked because of the pent-up talent and ideas waiting to be shared. But the intensity is not sustainable. So perhaps it’s time to meet and seriously consider the future of Adult RE. Can we continue with the confetti approach? Should we? Or do we want to streamline our study along thematic lines? Or a mix?

Let’s decide together: This coming May or June, let’s meet for a Saturday workshop. We’ll weigh the options and decide the future directions of Adult RE. More details coming soon by flyer.

We want YOU: We will likely have some vacancies on the Adult RE Committee starting in August since the current members promised one year of hard work (with option to renew). Are you interested in coming aboard to help visualize classes & workshops that will fill out the decisions made at the May/June workshop? We guarantee it will be an adventure, and very rewarding too. Please let us know of your interest on the Spring Registration form.


The Adult RE Committee

Kathy, Paul, Doris, Claire, Ellen, Gary, Larry, Angie, & Rev. Scott

LIKE WHAT YOU SEE? IT'S TIME TO REGISTER

DO I HAVE TO REGISTER?

Yes as a courtesy to the instructor so that (s)he knows if the class has attracted the minimum number of participants & can go forward.

-  Yes as a courtesy to yourself. You'll save time & gas coming to a class that's been cancelled. (We would have called you if only we'd known!)

WHAT IF I'M NOT SURE I CAN MAKE IT?



Register anyway. Your instructor will be contacting you before the first class, & you can explain then. Meanwhile, the class can go forward because the minimum number of registrants has been met.

IS IT EVER OK TO JUST DROP IN?

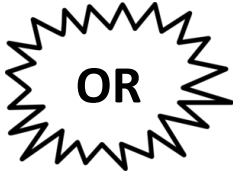
Sure. But give the instructor a courtesy call.



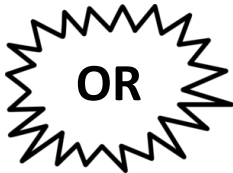
THREE WAYS TO REGISTER

1. **By paper:** Fill out the registration form in the catalog. Mail to:

BRUU, Attn: Adult RE
9350 Main Street
Manassas, VA 20110



2. **By paper:** Fill out the registration form. Drop it in the Adult RE bin in the BRUU lobby.



3. **Go Online:**

- *Go to bruu.org
- *Click "About Us"
- *Click "Religious Education"
- *Click "Adult RE"
- *Fill out the form
- *Click "Send"

NOTE: No matter how you register, you will hear from us confirming that we got your registration. If you don't, call us at 703-361-2690.



**BRUU ADULT-RE
2015 SPRING SESSION
REGISTRATION**



Name _____

Phone #'s: _____

Email: _____

X the courses you want to attend:

_____ **THE DREAM EXPERIENCE** (weekend workshop)

Choose one or both of these:

_____ April 24, Fri., 7:00-9:00 PM **only**, \$10

_____ April 25, Sat., 9:30-4:00 **only**, \$40 (lunch incl)

_____ Fri & Sat, **both** sessions: \$45 (lunch incl)

_____ **SPRINGTIME CAPERS @ Merrimac Farm**

_____ Hiking Without a Footprint: April 12, Sun. @1:15

_____ Nature Walk: April 12, Sun. @ 2:00 PM

_____ **GETTING ACTIVE ABOUT STEMMING THE TIDE**

Intro meeting: April 7, Tues. @ 7:00 PM

_____ **CAKES FOR THE QUEEN OF HEAVEN**

Apr. 6-13-20-24 / May 4, Mon. @ 7:00 PM

_____ **MEETING JESUS AGAIN FOR THE FIRST TIME**

May 6-13-20-27, Wed., 10:30 AM to noon

\$10 for book

_____ **A COURSE IN MIRACLES**

March thru June, every Mon. @ 7:00-9:00 PM

Book required, call instructor

_____ **UU PARENTING**

_____ March 15, Sun., 12:00 – 1:00 PM

_____ April 19, Sun., 12:00 – 1:00 PM

_____ May 17, Sun., 12:00 – 1:00 PM

_____ **INEQUALITY FOR ALL**

_____ Mar. 19, Thur., 7:00 PM Po' Boy Supper

_____ Mar. 19, Thur., 7:30 PM Film/discussion

_____ **POPCORN THEOLOGY FOR MATURE AUDIENCES**

_____ Mar. 26, Thur., 7:30 PM

_____ Apr. 30, Thur., 7:30 PM

_____ May 21, Thur., 7:30 PM

_____ **PLANNING FOR BRUU'S ADULT RE FUTURE**

May/June TBA, Sat. daytime workshop/details coming

_____ **INTEREST IN SERVING ON ADULT RE COMM.? Yes!**

UU's Seven Principles

[1st Principle](#): Recognize the inherent worth and dignity of every person;

[2nd Principle](#): Observe justice, equity and compassion in human relations;

[3rd Principle](#): Accept one another and encourage spiritual growth in our congregations;

[4th Principle](#): Pursue a free and responsible search for truth and meaning;

[5th Principle](#): Respect the right of conscience and the use of the democratic process within our congregations and in society at large;

[6th Principle](#): Build a world community of peace, liberty, and justice for all;

[7th Principle](#): Respect the interdependent web of all existence of which we are a part.

As reflected in the Spring Session Offerings

[Dreams Workshop](#): Principle 4

[Springtime Capers](#): Principle 7

[Climate Change, moving to action](#): Principles 4, 5 and especially 7

[Cakes for the Queen](#): Principles 1, 2, 3, 4, 7

[Meeting Jesus Again for the First Time](#): Principles 1,2,4, 6

[Course in Miracles](#): Principles 1, 2 3, 4 and especially 6

[UU Parenting](#): Principles 1, 2

[Inequality for All](#): Principle 2

[Popcorn Theology](#): Potentially all 7 principles (depends on topic)

